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## **NEW HARBINGER** EXCLUSIVE OFFERS FOR OCTOBER



# To celebrate the addition of New Harbinger at Brumby Sunstate and the bestselling Untethered Soul series, we have two exciting offers!



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• Singer, Michael A

52-CARD

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### Untethered Soul: Journey Beyond Yourself

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- Singer, Michael A
- RRP \$36.99 Paperback 1/10/2007

Who are you? This question reveals the complexity of our identity, which can't be confined to just our physical body, experiences, or relationships. In this thoughtprovoking book, spiritual teacher Michael Singer delves into the nature of self and concludes that our true identity lies in our consciousness—the ability to observe ourselves and our surroundings. Drawing on meditation and mindfulness traditions, Singer demonstrates how expanding our consciousness can help us live in the present, release painful memories, and achieve happiness and self-realization. The book is divided into five parts, offering an accessible exploration of consciousness and its development.

Buy 6 copies of the book Untethered Soul: Journey Beyond Yourself and get 1 free!



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